



# **Police Department BLOOD PRESSURE CHECK**

**Open to all employees**

**11:00 to 11:30 a.m.\***

**Training Room on the Second Floor**

**\*new time**

**Have your blood pressure checked 7 out of 10 months  
between September, 2019 and June, 2020 and receive a  
\$25 gift card!**

## **2020 Dates**

**Thursday, January 2, 2020  
Thursday, February 6, 2020  
Thursday, March 5, 2020  
Thursday, April 2, 2020  
Thursday, May 7, 2020  
Thursday, June 4, 2020**

**KNOW YOUR NUMBERS! GET YOURS CHECKED!**