



**FREE
BLOOD PRESSURE PROGRAM
Breakout Room of Town Hall
Open to all employees**

From 12:00 noon to 1:00 p.m.

**Have your blood pressure checked 7 out of 10 months between
September, 2018 and June, 2019 and receive a \$25 gift card!**

Fall 2018 Dates:

**Thursday, September 6, 2018
Thursday, October 4, 2018
Wednesday, November 14, 2018
Thursday, December 6, 2018
Thursday, January 3, 2019**

KNOW YOUR NUMBERS! GET YOURS CHECKED!